LEAP sports

# FESTIVAL FORTNIGHT

### PARTNER HANDBOOK

Welcome to LEAP Sports Scotland's Festival Fortnight 2020. Festival Fortnight (FF), coordinated by LEAP Sports, takes place annually, and aims to increase the visibility and participation of lesbian, gay, bisexual, transgender and intersex (LGBTI) people in Scottish sport, and provides opportunities to raise awareness of LGBTI and wider equality, inclusion, and human rights issues within the world of sport and physical activity.

This year the Festival will take place between 17th - 30th June and provides something for everyone, featuring a combination of sporting, cultural, academic, social, and recreational events. LEAP coordinates these events and can support organisers by offering advice and funding, promoting events widely through the Festival Fortnight website, our social media channels, and distributing brochures across the country. We will also attempt to send a volunteer or staff member to your event to give you a helping hand, show LEAP visibility and carry out evaluation (if you don't already have your own evaluation process).

Running an event for Festival Fortnight can help you in a multitude of ways. Every group or organisation is different, but you might find FF aids you in attracting more LGBTI members, helps you show solidarity with the LGBTI sporting community, increases your awareness of the issues at play, or facilitates celebration of LGBTI participation and identity. Reasons for participating are numerous and diverse. We want to ensure that both organisers and LEAP are able to realise their aims and we have produced this booklet to help us do so.

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#### **DESIGNING AN EVENT**

Not sure what to do? To get your creative juices flowing, some event ideas include:

- Having a 'come and try', 'taster', or 'open night' to encourage people to come along.
- Organising a sports day, challenge event, exhibition, or tournament.
- Putting on a cultural event such as a film night, play, or show

Check out what others have done <u>here</u> or in the examples below to get some inspiration. Each year we see new and unique events, so feel free to think outside the box! If you need any help with idea generation or planning, please get in touch.

Although we encourage a wide variety of events, we do require that they **meet at least one of the festival's aims** and you will need to clearly demonstrate this link in order to be included in the programme. Your event should do one of the following:

- 1. Increase the visibility of LGBTI people in sport
- 2. Increase the participation of LGBTI people in sport
- 3. Raise awareness of LGBTI issues in sport
- 4. Raise awareness of wider equality and human rights issues in sport

The festival brochure will be printed in May, therefore **the deadline for listing your event is 5PM, 27th April**. Anything after this date can be promoted as part of the festival online but not within the brochure, which will limit its reach.



#### **EVENT EXAMPLES FROM PREVIOUS YEARS**

#### SCOTLAND v ARGENTINA - UNITED GLASGOW FC SCREENING & PANEL (2019)



United Glasgow FC are excited to host a screening for Scotland's last World Cup group game! This match is Scotland vs Argentina and is shaping up to be a cracking one.

We'll also be bringing together a diverse panel to discuss the history and growth of Women's football in Scotland; the positive impact this is having on LGBT community and how to get more involved!

So sign up for an evening of football, discussion, socialising and an all-round good time!

We'll have a ball! Come and join in at the function room, upstairs from 18.30.

Panel members tbc soon!

Panel Members confirmed so far include:

Sirri Topping from Leap Sports and UGFC board member.

Ari, UGFC player and volunteer. AB Silvera is a comedian, translator and subtitler. Her complicated love of football came from growing up in Argentina within a culture passionate for the sport that enforced rigid gender norms. At home, however, her own love for football was nurtured by her feminist working class mother. On coming out as a lesbian trans woman in her mid-20s in Dublin, she felt her love of football did not jive with the LGBT community that surrounded her. In 2015, she found a place in United Glasgow's women's drop-in, and has been a fixture in it ever since. She'll discuss barriers of entry to football, what she loves about the sport, and her dismay at the scarcity of written women's football history.

Panel 18.45-19.30 Kick Off - 20.00

Sign up here - https://www.eventbrite.co.uk/e/scotland-vs-argentina-unitedglasgow-fc-screening-and-panel-tickets-61035690393

#### SCOTTISH CYCLING VELODROME EVENT (2018)





On Sunday the 10th of June <u>Scottish Cycling</u> teamed up with <u>Glasgow Life</u> and <u>LEAP Sports Scotland</u> to put on a 'Give-It-A-Go' session on the track specifically targeted towards the LGBTI community.

This session was part of a large series of sessions coordinated by LEAP Sports Scotland called Festival Fortnight.

"I would never have tried the Velodrome before. The session installed confidence in me that track cycling is something I can access, afford, and most importantly do."

Aiden

The session lasted four hours in total and time on the track was interspersed with some really informative chat sessions.

"I really enjoyed the amount of time given for the session and the way the day was broken up into sections. I liked that there was information about cycling opportunities in Scotland. I liked that we were all given the chance to contribute and ask questions. Vicky, Chris, Ally and Struan were all professional and enthusiastic and I had a great day. I will definitely be back!"

Bill

"I didn't expect to be feeding back, providing insight for Scottish Cycling but I didn't begrudge it. They were interested in expanding their sport's appeal. I found them to be very inclusive and hope the sessions were helpful."

Jonathan

An important part of what Scottish Cycling wanted to achieve from this session was to find out how the community felt about cycling and how what we could do to help break down barriers to inclusion.

We also wanted to provide information on how to get into cycling and give an overview of the different disciplines.

#### ANNUAL OPEN BADMINTON TOURNAMENT

#### **LEAP Sports Scotland Open Badminton** Tournament

Westwoods Health Club, 7 Westwoods, Edinburgh, EH4 1RA

Edinburgh Racqueteers will host the National LGBTI Open Badminton Tournament on Sunday 10th June at Westwoods Health Club, Edinburgh, as part of LEAP's Festival Fortnight.

This informal doubles badminton tournament is for all abilities and skill levels but you will need to bring or hire a racquet. Please note - mixed doubles will be playing against same sex doubles. There will be no separation.

Firstly, everyone will play in a round robin and after a late lunch or early dinner :-), this will be followed by playing in a league style competition. The top 8 from this will progress to the quarter finals and so on. There will be a trophy awarded to the overall

Please bring food and water as this will not be provided.

If you know who would like to partner with, then please inform us by emailing info@theracqueteers.co.uk. Otherwise, partners will be allocated on the day and remember, it is all a bit of fun :-)



#### ZINE MAKING WORKSHOP (2018)



Events About Get in touch Support us 💆 f

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#### Zine Making Workshop

George Washington Browne Room at Edinburgh Central Library on

Edinburgh Zine Library is an archive and reference library of self-published material currently housed in the Art and Design Library at Edinburgh Central Library

Join the Edinburgh Zine Library to create zines, share your experiences of sport and explore LGBTI and human rights issues in sport. Whether you're making a fanzine about your favourite players, want to shout out about the sport you love or want to explore your own experiences, this is an opportunity to find out how zines are made to do all these things, and more, in a supportive and creative environment.





https://www.eventbrite.co.uk/e/butim-a-cheerleader-tickets-4515671695



#### **SMALL GRANTS**

LEAP Sports Scotland can offer community, sport/physical activity and youth groups a small grant to support activity during Festival Fortnight. This year we're offering two types of financial support:

- A) Up to £200 for sport/physical activity and community group events.
- **B)** Up to £90 for youth groups.

To apply for a small grant, you'll need to fill in one of our online forms for either (A) <u>sport and community groups</u> or (B) <u>youth groups</u>, giving details about your event by **5PM**, **27th April**. All applications will go to an assessment panel and their decision on your application will be communicated by **May 1st**.

Two top tips for a successful application:

- Clearly demonstrate how your event meets one of the four festival aims above.
- Have a clear initial strategy on how you will attract participants (e.g. running the event in partnership with local LGBTI community groups or gaining promotional support through particular social media pages).

#### Payment options:

- We can pay directly over the phone or online for upfront costs such as venue bookings, as long as these are pre-arranged by you.
- You can invoice us after the event, detailing specific costs. Please ensure that this invoice is accompanied by any receipts where relevant.
- You can send us receipts or invoices (via email or post), alongside the relevant bank details and we can make a BACS payment.

#### **PUBLICITY AND VISIBILITY**

If you receive a small grant, the guidelines below set out the minimum requirements for publicity and communication with us and the (very) short reporting process once your activity has taken place. It is our aim to support you in making your activity a big success. Please get in touch if you need help with any of the following.

#### **BRANDING**

You must run your activity under the umbrella of Festival Fortnight. You should use the LEAP Sports and Festival Fortnight logo on all printed and digital material in connection with your activity.

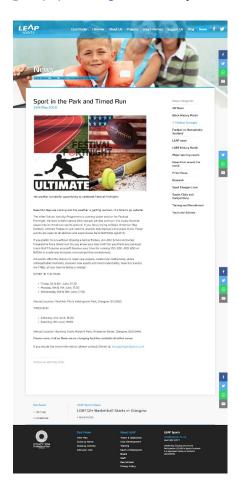
#### **COMMUNICATION WITH LEAP**

Communicate and cooperate with us. It is your responsibility to keep LEAP informed about progress as you prepare for your event. Show us how you are promoting your activities and send us links. We will get a much better reach and engagement if we work together.

#### PRESS RELEASE

You should be prepared to work with LEAP to produce a press release, which can be published on the LEAP website and sent to wider media contacts. Please keep track of the media coverage that you receive. You can find an example below and plenty more <a href="here">here</a>.

A tip for promotion is to create a news article or blog post for our websites; you can see a <u>great example</u> from FF 2018 on our website, which is also shown below, to give you an idea of the type of information we will need in order to create an article or post to go on our website. Email <u>sirri@leapsports.org</u> to feature your event in this way.



Festival Fortnight: Engaging Young People In Sport



Scottish participants said they have not played sport since school P.E. lessons because they had negative experiences in P.E. due to their sexual orientation or gender identity.

LGBTI+ young people are at a particularly vulnishable time mentally and emotionally, and negative experiences suffered in school PE, settings can do lasting damage to the relationship LGBTI+ people have with sport in later life, such that they may disengage entirely. Sport is an incredibly powerful force for safeguarding our mental and physical health, building strong and lasting friendships, and battling loneliness; all of these benefits and more should be equally accessible to all people. LEAP Sports Festival Fortnight works to create and highlight spaces for LGBTI people in sport, making it a fantastic opportunity for young people who may have had negative experiences in P.E. in school to build up new positive experiences with sport in a safe and welcoming environment.

Whilst young people are still growing, it is vital for both their physical and mental health that they are shile to be physically active in an accessible way in which they feel comfortable and supported. During the Festival, we have several youth events being run, all of which are free, and provide an opportunity for young LGET+ people across. Scotland to create positive sporting experiences with their peers at events that are designed specifically for them. There is an exciting mixture of sports, social, recreational, and cultural activities for young people during the festival to participate in, giving access to not just sport, but other events which allow them to explore their own relationship with sport and understand better the barriers to LGETI participation.

#### FESTIVALFORTNIGHT.ORG EVENT LISTINGS

As well as featuring the brochure PDF and news articles, <u>festivalfortnight.org</u> also lists individual event details. This information is taken from your original listing, so if you have further text you would like to include, please email <u>carolina@leapsports.org</u> so we can beef your description out a bit! If you have a preference to the image we use alongside your listing, please send a landscape version in JPEG or PNG format.

#### **SOCIAL MEDIA**

Use social media to reach a wider audience. Connect with LEAP on social media and tag us and we can help share your stories and posts. If you have a football related event, we may ask you to connect with Football v Homophobia Scotland instead/as well. You can connect with us on social media in the following ways:

Twitter	Instagram	Facebook
@LEAPsports	@leapsportsscotland	www.facebook.com/leapsports
@FvHScot		www.facebook.com/FvHScot

Build up the excitement around your activity by posting pictures and information about plans as they're confirmed, registration opening, special guests, a count down to the 'big day', live pictures on the day, quotes or videos etc. If you use Facebook or Twitter Live to stream your videos, Periscope or other, please let us know in advance and we will share the link widely. For further information on using social media please go to pages 9-10.

#### **FESTIVAL BROCHURE**

To help promote the festival programme we produce a Festival Fortnight brochure. The physical brochures are distributed across Scotland and the PDF version is shared on social media, e-bulletins and websites. We encourage you to share the PDF version widely and get in touch with ideas for venues to leave hard-copies. With your consent, we will also send you some brochures to share within your network.

LEAP aim to have our brochure available by early-mid May. <u>Events listed</u> by 27th April will appear in both the print and pdf brochure. Any events listed after this deadline shared on social media and on the Festival Fortnight <u>event listings</u>.





#### REPORTING AND FEEDBACK AFTER THE FESTIVAL

LEAP will attempt to support you during your event by sending a staff member or volunteer to aid you with tasks and bring items such as pop-up banners to increase the visibility of LEAP. The volunteer will also be on hand to carry out evaluation if you do not already have a process of your own. Evaluation is not at the top of anyone's fun list, but please aid us in collecting this information. This information is central to the continued development of Festival Fortnight and you are welcome to input into its design.

You will also get the opportunity to evaluate Festival Fortnight when reporting on your event. Reporting on your event is much more simple than it sounds, all we require is:

- A minimum of 2 different photographs from the event; please make sure you take photos of people, not inanimate objects. By sending us photographs, you consent to LEAP using them in publications on- and offline in accordance with the Data Protection Law. This criteria does not apply to those running youth events.
- The number of participants at your event.

#### CHECKLIST FOR RUNNING YOUR EVENT

This checklist is provided for your own personal use and does not need to be sent to LEAP.

What you need to do		What LEAP will do	
	Plan the event, with date, location, logistics		Support you in the design of your event and in each of the steps to the left if you need it.
	Make sure your event meets one of the festival's four aims		List your event in the Festival Fortnight brochure, which is distributed across the country.
	List your event through our Survey Monkey, providing all the necessary information to us		List your event on the Festival Fortnight website
	Send us images/logos to be used in promotion if you have a preference for this		Post a news article on the LEAP Sport website about your event (if you contribute with some content for this)
	Run your activity under the umbrella of Festival Fortnight, using the LEAP Sports & Festival Fortnight logos in all printed & digital material		Share your social media posts, and promote your event through LEAP social media and partners accounts.
	Keep LEAP up to date with your event, it's planning and any support you require		Offer help with your event by sending a volunteer or staff member to support
	Promote your event online and using social media regularly in the run up to the event		Offer a method of evaluation if you don't already have one
	Tag LEAP on social media post and add as co-hosts on your facebook event.		
	Keep track of media coverage you receive for your event		
	Aid us in evaluation		
	Report your event afterwards, providing photos and participant numbers		

#### **USING SOCIAL MEDIA**

You don't need to follow this advice, this is only here to give you some ideas and help you out.







#### Use the hashtags **#FestivalFortnight** and **#DiverseSport**

Create fun and eye-catching infographics or images to share when promoting your event. You don't have to be a graphic designer to use free websites such as <a href="Canva.com">Canva.com</a>. You can also widely find ree to use images on websites like <a href="pexels.com">pexels.com</a>. Failing that, we have creative talent at LEAP who would love to spend an afternoon designing for you!

You can change the cover photo on your club/group page to a promotional graphic. This people will see this way whenever they visit your Facebook page. Cover photos should be 820 pixels wide by 462 pixels tall, and be aware of your profile picture overlapping on the left hand corner. For regular shared Facebook posts, you should use 1200 (wide) x 630 (tall) size images. For event images you'll want to use 1920 (wide) x 1080 (tall) size images.

You can change the header on your club/group twitter to a promotional graphic. This way people will see this whenever they visit your Twitter page. Header images should be 1500 pixels wide by 42 pixels tall, and be aware of your profile picture overlapping on the left hand corner. For regular Tweets, you should use 440 (wide) x 220 (tall) size images.

For instagram, your post images need to be square, the best dimensions are 1080 x 1080 pixels. Instagram is made for photographs, so make sure to use high quality images or infographics. For posting on your story, use 1080 (wide) x 1920 (tall) images.

Tag LEAP, the venue, and any partner organisations or groups in your post. On twitter you can also tag profiles in the image if you're running out of characters.

Ask other pages and groups to share information about your event e.g. LGBT+ groups in the local area, equality groups, similar interest pages.

Keep your messages brief but descriptive and make use of emojis e.g. 'Get your dancing shoes on and join us for our Ceilidh on Saturday 9th June as part of @LEAPsports #FestivalFortnight.

Dancing starts at 7:30pm!



Share, like, retweet, and regram other group's Festival Fortnight events and posts and they will be more likely to do the same for you. Check out these examples from last year's Festival:





Share photos during the event, just make sure you have permission from participants.

Create a Facebook event and add us as co-hosts.

Share your event and in other posts feel free to include the wider brochure or your Festival Fortnight event listing which will appear on festivalfortnight.org.Tag us in your posts (you may have to like our page before you can do this) so we can share it too.

Share the Facebook event, Festival Fortnight event listing or sign-up link in as many tweets as possible. Add the link to your Facebook event, Festival Fortnight event listing or sign-up link in your Instagram account bio, and refer to this in your posts about the event e.g. Don't miss out on our Ceilidh as part of

@leapsportsscotland #FestivalFortnight, check out the link in our bio for more info!

Advice on the best timing to optimising your post/event reach and engagement differs, we recommend the below, but for best results check out your own insights in this <a href="handy guide for Facebook and Twitter">handy guide for Facebook and Twitter</a> and <a href="this one for Instagram">this one for Instagram</a>.

Share the event/posts between 12:00-13:00 or 17:00-20:00 for optimum viewing time

The best times to tweet are between 07:00-10:00, 12:00-13:00, 17:00-18:00, 20:00-21:00

The best times to publish posts between 12:00-13:00, 17:00-18:00, 20:00-21:00

Share the event often and boost a post if you can

Remember to tweet regularly in the lead up to your event, feel free to tweet a similar tweet multiple times. Tweetdeck can be a useful tool for this.

Make use of Instagram's Story feature, posting stories about your event as regularly as once or more every day in the run up to the event. Use the gif, sticker, hashtag, and venue features to make your stories more eye-catching.

#### OTHER WAYS TO GET INVOLVED

Although Festival Fortnight is mainly supported through organising events, there are other ways to lend your support. If you aren't organising your own event this year but are free to help out, read on for some ways you can support Festival Fortnight!

#### SHARE INFO ON YOUR SOCIAL MEDIA

We want to create a buzz around Festival Fortnight on the lead up to and during the festival and your input here is invaluable. Make sure to follow our <u>Facebook</u>, <u>Twitter</u>, and <u>Instagram</u> accounts to keep yourself updated. If you can, share, retweet and like other people events. This would really help to raise awareness of Festival Fortnight and promote events to a wider audience. Tap into the wider conversation during the festival using **#DiverseSport** and **#FestivalFortnight**.

#### **VOLUNTEER**

Would you like to get involved in our work? Why not join LEAP's team of award winning volunteers and help support our busy fortnight. From social media to graphic design, programme distribution to event support, there are endless opportunities. If you are interested in volunteering with us by helping out at one or more of the planned events, please email <a href="mailto:anghi@leapsports.org">anghi@leapsports.org</a>, telling us what part of Scotland you live in, what dates you are free during 17th – 30th June and if you have any previous experience that might be useful.

